



# Berry Public School Canteen Menu - Winter 2009

Our Canteen is nut free and complies with the Fresh Tastes NSW Healthy School Canteen Strategy

## Lunch items available for pre-order

Sandwiches & Wraps - made to order	<i>Sandwich</i>	<i>Mini Wrap</i>	<i>Maxi Wrap</i>
Chicken breast, ham or tuna	\$2.50	\$2.50	\$3.00
Cheese, egg, vegemite or honey	\$2.00	\$2.00	\$2.50
Salad (seasonal ingredients)	\$2.00	\$2.00	\$2.50
<i>Extras (please add for each):</i>			
Salad mix (seasonal ingredients)	\$1.00	\$1.00	\$1.50
Tomato, pineapple or carrot	\$0.30	\$0.30	\$0.30
Egg or cheese	\$0.50	\$0.50	\$0.50
Mayonnaise, BBQ or tomato sauce	\$0.10	\$0.10	\$0.10

\*\* Wholemeal bread will be used with dairy soft butter (specify if not required)

\*\* Ordered sandwiches & wraps can be toasted – no charge

\*\* Food from home heated or sandwiches toasted

\*\* Lunch order bags available each

\*\* Plastic cutlery supplied for meals brought from home

## Hot food – to be ordered by 10:45am

	<i>Small</i>	<i>Large</i>
Corn on the cob: steamed with a dab of butter	one size	\$1.00
Pasta shapes: cheese with carrot, chicken, ham or tuna	\$2.50	\$3.50
Patties 'lite' meat pie	\$1.00	one size
Original Berry Bakery meat pie	one size	\$3.00
Original Berry Bakery sausage roll	one size	\$2.20
Original Berry Bakery spinach & ricotta roll	one size	\$1.50
Jaffle toasted: baked beans or spaghetti	one size	\$2.00
Pizza triangles: Hawaiian or meaty supreme	one size	\$2.00
Lasagne	one size	\$3.00
Soup: homemade with warm triangle Lebanese bread	one size	\$1.50
Tomato sauce portion	one size	\$0.20

## Salads

Freshly tossed salad tub (seasonal vegetables)	\$3.00	\$4.00
Caesar styled salad (croutons, egg, parmesan, ham)	\$3.50	\$5.00
** Extras: chicken, tuna or ham please add	\$1.00	\$1.50

\*\* Salads served with dressing or mayonnaise, please specify

## Snack items available for pre-order and counter sales

	<i>Small</i>	<i>Large</i>
Muffins: various flavours	\$0.30	
Banana bread: can be toasted	\$0.50	\$1.00
Anzac biscuits		\$0.50
Fruit & jelly cups		\$1.00
Slinky apple		\$0.80
Fresh fruit pieces: seasonal availability		Various
Fruit salad: seasonal fruits used	\$1.50	\$2.00
Fruit salad: with strawberry yoghurt dollop	\$2.00	\$2.50
Popcorn Koala : BBQ		\$1.20
Red Rock chips: Honey soy chicken or plain		\$1.00
Windsor Farm 100% fruit straps: various flavours		\$0.60
Piranha Vege Crackers: BBQ cheese		\$1.00

## Frozen snacks

Frozen yoghurt tubs		\$1.50
Frozen fruit pieces (seasonal)	\$0.10	\$0.20
Paddle pops: rainbow or chocolate		\$1.20
Icy Bites: various flavours	\$0.20	\$0.40
Milky Bites: chocolate, strawberry or banana		\$0.20
Slushies (natural colours and flavourings)	\$0.70	\$1.30
Frozen fruit juice cup: various flavours		\$0.80

## Drinks

Flavoured milk: chocolate, strawberry or banana		\$2.00
Juice bottle: orange or apple		\$1.50
Juice box: orange, apple or paradise punch	\$1.00	
Bottled water: 600ml		\$1.00
Hot chocolate: served with marshmallow		\$1.00

Visit the canteen for daily specials like:  
pikelets, SAO smiles, gelato cones, scones and more

A special lunch day will be held once a term.

Please complete your lunch order bag as shown over the page and please send one bag each for hot and cold food.

## How to order lunch:

Please complete your lunch order bag as follows:

Child's Name	Jack Hardcastle	Child's Class	5/6L
	Chicken Mini Wrap	Include Price	\$2.50
	Chocolate Milk		\$2.00
		Total Amount	\$4.50
Money Enclosed	Money Enclosed: \$5.00		
	Change Required: \$0.50		

\*\* Please use **large clear writing** to complete your bag which can be dropped into the *lunch order box* outside the Canteen door on the way into school in the morning.

\*\* Late lunch orders are collected at morning assembly and delivered to the Canteen for processing.

\*\* If your child hasn't placed their lunch order by 10:45am, they will be able to choose from the delicious wraps, sandwiches and salads available.

\*\*\**Hot food cannot be prepared after 10.45am.*\*\*\*

- If you would like your child's food brought from home toasted or reheated (only .50c), please deliver it to the Canteen on the way into school, along with a labelled bag and this food will be delivered with the regular lunch orders.
- *Important*, if for some reason your child isn't happy with the lunch order they receive, please ask them to see Serena at the Canteen straight away so as any problem can be sorted.

## Volunteers:

- We are always happy to welcome new volunteer parents – both mums and dads to help in the Canteen. Please call into the Canteen and see Serena to organise this. It's a great way to meet new people and your child will love to see you at their favourite place, school.
- The roster is prepared at the beginning of each term and given to those who have volunteered. Each week a reminder is printed in the Bulletin, so please check to see if your name is there. Contact Serena as soon as you can if you are unable to attend on your rostered day so as a replacement can be found.

*Volunteers are our most valuable resource – thank you for caring about our school.*